

2018 Wellness Circuit

Coffey County Wellness is proud to sponsor the 2018 Wellness Circuit. The 4th annual Coffey County Wellness Circuit encourages all organized physical activity. This program not only supports your efforts to be physically active, but also the fundraising efforts of many local organizations who coordinate these events.

Rules: Complete 6 of the qualifying Wellness Events. There is no registration for participating in the Wellness Circuit; however, participants MUST be registered for each race completed in order for their name to be reported to the Circuit Committee.

Rewards: Participation medals and t-shirts will be given to everyone who completes the Wellness Circuit requirements. Trophies will be awarded to the top 3 males and top 3 females with the overall best times in the 5ks.

*At least 3 times events need to be completed to be eligible for a performance award, and the average of the top 3 times will be totaled.

GRAND Prizes: Those who complete the circuit requirements will be entered into a drawing. The first name drawn will win **\$1000 Chamber Bucks**, the second name drawn will win **\$500 Chamber Bucks**, and the third name drawn will win **FREE entry into all of 2019's events**. Participants' names will also be entered in the drawing again for each event completed after 6.

Wellness Event	City	Date
Energy Exploration Excursion	LeRoy	Saturday, January 13
The Titan Dash 2k/5k	LeRoy	Saturday, April 7
Wellness Waddle 2k/5k	Burlington	Saturday, April 28
Rec Riders Fun Ride	Burlington	Saturday, May 12
Blaze the Trail 5k AND Bicycling Event	New Strawn	Saturday, June 23
Firecracker Glow Run	Gridley	Friday, June 29
Veteran's Gravel Grind	Gridley	Saturday, June 30
Ohio Days 5k	Waverly	Saturday, July 14
Ohio Days Fun Ride	Waverly	Sunday, July 15
Radiant Life Glow Run	Burlington	TBA
The Bomb (Gravel Grind)	Burlington	Saturday, July 28
Titan Dash 2k/5k	LeRoy	Saturday, August 4
LeRoy Homecoming Hustle	LeRoy	Saturday, August 25
Alzheimer's Glow Run	Burlington	Saturday, September 29
SCSG 5k/10k	Burlington	Saturday, October 6
Rocky Road/Rolling Hills Race	Gridley	Saturday, October 13
Turkey Trot	Burlington	Thursday, November 22

High School athletes must follow regulations in accordance with the Kansas State High School Activities Association.

Keep up with us at cwellnessinfo.wixsite.com/circuit and on our Facebook event page. Additional information such as event details, participant times, and newly added events will be updated on these platforms.